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**GRILLED CHEESE  
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**CYRUS  
ACHY BREAKY  
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OF HEART** {page 11}



EDMONTON

**metro**

Monday, March 21, 2011  
www.metronews.ca



News worth sharing.



**Shape. Shifter**

► Spencer Kozak works on a First Nations-themed large-scale art installation using everyday items such as paper plates and plastic cups, during the Everyday Installation project at the Art Gallery of Alberta yesterday.

HEATHER MCINTYRE/METRO

## Creating art with everyday items

Families enjoyed activities for all ages as Shape Shifters took over the Art Gallery of Alberta yesterday, where Vancouver native Brian Jungen's exhibits focused on the use of everyday objects, such as garbage bins and plastic lawn chairs.

## Cautious leash on life

Dog park users wary after  
alleged pet poisoning {page 3}

## Rescue from wreckage

Teen, grandmother found alive  
nine days after quake {page 6}

# Protests for peace grow locally

- Demonstrators voice concerns about Arab political unrest stretching from North Africa to Persian Gulf
- Canada has six CF-18s, 140 military personnel in Libya

HEATHER MCINTYRE/METRO

Growing by number each and every Sunday, members of the Libyan community were joined by those of many other Arab countries during a solidarity march in Churchill Square yesterday.

Following the launch of military action in Libya to enforce a no-fly zone, Harun Mansour and others gathered to show their support and appreciation.

"The Libya community ... supports the actions from the coalition," said Mansour, 23, a university student working at a pharmacy who has family in Libya. "We would also like to send appreciation to the Canadian government for helping implement the no-fly zone."

The U.S. claims success in the first two days of an assault against Moammar Gadhafi's forces, hitting air defences and at least two major air bases and shaking the Libyan capital with explosions, but a defiant Gadhafi vows a "long war."

What Mansour would like to see now is humanitarian action coupled with the military action, providing items such as medical supplies and food.

But Libyans aren't the only ones hoping basic human rights win out in the Middle East. About 150 of the close to 200 rallying were doing so for Bahrain.



► Shaheed Al-Shmais, from Iraq, came out to support the rally at Churchill Square yesterday.

"We're here to raise awareness," said Imam Dr. Usama Al-Atar of the Islamic Shia Ithna-Asheri Association of Edmonton, "and call on the prime minister and the United Nations to take action in Bahrain."

"They are uprising after Egypt, Tunisia, Yemen and Libya," added Dr. Abdul Hammed, who helped organize the gathering.

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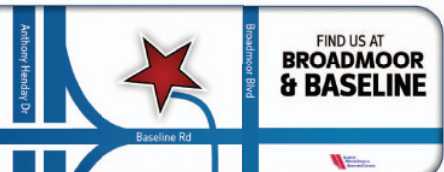


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## Bicknell caught, hospitalized

William Bicknell was back in custody yesterday after having been recaptured following a standoff, said Alberta RCMP.

The fugitive, who is six-foot-six and weighs more than 400 pounds, was arrested Saturday evening following a car chase that started near Spirit River and ended about 20 kilometres north of Grande Prairie, near Sexsmith, police said.

Bicknell, 42, was taken to hospital in Grande Prairie with undetermined injuries, police said.

He escaped during an escorted temporary absence from the Drumheller Institution more than a week ago.

He was convicted in 2003 in the April 2001 beating death of 37-year-old Angela Steer in Mission, B.C.

Bicknell's sister, Sandra Myshak, was arrested last week for allegedly assisting her brother.

Police said charges are pending against Bicknell in connection with his escape, including for allegedly holding people hostage in both Strathcona County last Monday and near Sexsmith on Saturday. ●METRO

## Building goes up in smoke

Smoking in bed has been blamed for an apartment blaze overnight Saturday.

The fire, which caused \$250,000 in damage, left eight people out in the cold and killed three cats, started in a basement apartment in a 39-suite, eight-storey walkup near 144 Avenue and 88A Street, said Edmonton Fire and Rescue. ●METRO



► Munch takes a breather at the Buena Vista off-leash park, where police and the Edmonton Humane Society have received unconfirmed reports of dogs being poisoned.

# Poison scare grips dog lovers

► Users of off-leash area made wary by signs claiming possible poisoning of dogs ► Humane society warning owners to watch canines closely



Buena Vista dog park users were cautious to let their pets off-leash yesterday following reports and signs warning of possible poisonings to "at least three dogs" there last week.

"It's a bit concerning," said Susan Como, watching her 20-month-old German shepherd, Wren, play.

Como said she wonders

why someone would want to deliberately harm dogs, adding, "Is it that they don't want dog parks at all, or are they upset with people who don't clean up after their dogs?"

Dog owner Sue De Mone saw a man posting signs last Friday. The man later told her that a vet was treating his dogs after they ate something at the park that made them sick. He left before she got his or the vet's name.

She said she met an

owner the same day with a piece of meat her dog picked up at the park. De Mone is now searching for a lab willing to test it for poison after the police said the process was too costly.

Shawna Randolph of the Edmonton Humane Society urges anyone with information to contact police at 780-423-4567. She added that the society is taking this, as with all animal-cruelty claims, "very seriously."

### Need to know

- 1 EPS West Division Staff Sgt. Robin Plomp said yesterday police received a report of a possible poisoning but they're not following up at this time.
- 2 Owners are asked to take their dogs to the vet if they have visited the park and show any symptoms of illness.



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Before Charlie Sheen, there was Randy Quaid, who made his live debut of 'Star Whackers' in Vancouver. Video at metronews.ca

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# From the deck of the Charlottetown

- ▶ Frigate operating in Mediterranean as part of NATO's naval blockade
- ▶ Canada committed six CF-18 fighter jets to enforce no-fly zone over Libya



JENNIFER  
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In a phone interview yesterday, the commanding officer of HMCS Charlottetown, Cmdr. Craig Skjerpen, said the U.S. and European air strikes on Libya are on the minds of the crew.

"Our mission stays the same but our ship's company starts thinking about what future missions could be," he said. "Right now my goal is to keep everyone focused on the task at hand."

Their original mission of evacuation and humanitarian aid changed when they arrived in Gibraltar, on the entrance to the Mediterranean, earlier this month because all evacuees who

wanted to go were already rescued.

The Charlottetown was attached to a NATO group and was put on patrol in the central Mediterranean, north of Libya.

The ship is now monitoring traffic on the water and keeping track of anything that looks abnormal.

The Sea King detachment on board "has been flying as part of picture compilation," Skjerpen said. "They'll go out and work with the ship, identify contacts and help provide that picture. They're a valuable asset in that type of operation."

On the weekend the

Charlottetown got some Canadian company in the form of six CF-18 fighter jets from Quebec.

"We each have our own role and there might be an opportunity for interaction, but right now they work for their mission specifically and we work for ours," he said.

## Libya bombing called successful

The U.S. claimed initial success two days into an assault on Libya that included some of the heaviest firepower in the American arsenal — long-range bombers designed for the Cold War — but American officials yesterday said it was too early to define the international military

campaign's end game.

The top U.S. military officer suggested that Libyan strongman Moammar Gadhafi might stay in power in spite of the military assault aimed at protecting civilians, calling into question the larger objective of an end to Gadhafi's erratic 42-year

rule.

A second wave of attacks, mainly from American fighters and bombers, targeted Libyan ground forces and air defences, following an opening barrage Saturday of sea-launched Tomahawk cruise missiles.

THE ASSOCIATED PRESS

### Haiti. Election



▶ With a bandage on his right hand, Haitian-American singer Wyclef Jean sits inside a car before casting his ballot at a polling station during a presidential runoff in Port-au-Prince, Haiti, yesterday.

RAMON ESPINOSA/THE ASSOCIATED PRESS

## Bullet grazes Wyclef Jean

Musician Wyclef Jean said yesterday a bullet grazed his hand as he stepped out of a car to make a phone call, but he said he was only slightly injured.



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# Story of survival

► Police rescue 16-year-old and his grandmother from disaster-ravaged home in northeast Japan ► Pair had been trapped for nine days

The voice rang out suddenly, unexpectedly, from the wreckage left behind by the monstrous earthquake and tsunami that ripped through Japan's northeast nine days ago.

"Please help! Please help!"

There, on the roof of his collapsed wooden home, stood a shivering Jin Abe, so cold that he had draped layers of towels around his body. His grandmother, Sumi Abe, 80, was trapped inside, too, the 16-year-old

told the team of Ishinomaki police officers who had been patrolling the hard-hit city yesterday.

The two had been stuck there since the March 11 magnitude-9 quake struck off the coast of Japan, triggering a massive tsunami that obliterated much of the northeastern coastline. Their neighbourhood, too, lay in ruins.

The 80-year-old woman's weak legs kept her from walking, and the teenager had been unable until yes-

## Disaster update

- The National Police Agency said yesterday that the number of bodies collected so far stood at 8,450, while 12,931 people were listed as missing.
- The earthquake displaced

terday to crawl out of the wreckage, police spokesman Shizuo Kawamura said.

Police called in personnel with better equipment

452,000 people who are now living in shelters.

- Fuel, food and water remain scarce.
- Bodies are piling up in some of the devastated communities and badly decomposing even amid rain and snow.

to help rescue the woman, whom police found wrapped in several blankets, on top of a collapsed closet.

THE ASSOCIATED PRESS

## Paying. Tribute



► Children lay down flowers outside of the polar bear enclosure to commemorate late polar bear Knut at the Zoo in Berlin yesterday.

MARKUS SCHREIBER/THE ASSOCIATED PRESS

## Fans mourn polar bear

Hundreds of fans of polar bear Knut flocked to lay flowers outside his zoo enclosure yesterday, mourning the sudden death of a bear who burst into the limelight as a cuddly, fluffy cub hand-fed by his keeper. The four-year-old celebrity bear died Saturday afternoon in front of hundreds of visitors, taking keepers, animal experts and fans by surprise.

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# Attack ads pull at heartstrings, professor says

► If there is an election, a lot of research will probe the language the public will respond to, U of C professor says

They're ominous, dark and aimed directly at the basic instincts of Canadian voters and take full advantage of that slight inattentive coma that most viewers lapse into when commercials come on during their favourite TV shows.

And Canadians can expect more of the same with a federal election looming and political parties continue their barrage of negative campaign ads, according to a University of Calgary professor who has done a study on how language is processed in the brain.

"When people aren't devoting their full attention to the ads, that's when they're most likely to be swayed by some of these elements that aren't about the issues and aren't about rational thought processes," explained Julie Sedivy, adjunct associate professor of linguistics and psychology at the University of Calgary.

It's about the emotions and reaction that the ads generate.

She points to the series of Conservative ads that targeted Liberal Leader Michael Ignatieff.

"The anti-Ignatieff ads are really hitting at a kind of a gut level of distrust. They're focusing on a message that is painting



► Julie Sedivy, adjunct associate professor of linguistics and psychology at the University of Calgary, predicts political parties will spend a great deal of time and effort on words that most voters won't even think about.

Ignatieff as reckless, dangerous but they're also questioning his motive," said Sedivy.

Canadians need to make a concerted effort to avoid being influenced subliminally, said Sedivy, and to perhaps change

the channel when the negative ads come on.

Sedivy's research is published in the book *Sold on Language: How Advertisers Talk to You and What this Says About You*.

THE CANADIAN PRESS

## KANDAHAR AIRFIELD

### A goodbye to those lost in war

Anna Miok kissed her right hand, touched the monument that bears her son's name and wept in a gesture emblematic of the pain of all mothers who have lost a child to war.

It was one poignant moment of many yesterday as the families of 10 Canadians killed in Afghanistan paid tribute to their loved ones at Kandahar Airfield in what could be the last ceremo-

ny of its kind before the military mission ends.

There was some brief doubt whether yesterday's service was going to proceed after the Defence Department discovered nearly two months ago that the publicly funded trips did not clearly fall within spending guidelines.

The costs of this visit were paid for by the military families fund, which is financed by private donations and fundraisers.

Since Canada's mission began in 2002, 154 military personnel, two aid workers, a diplomat and a journalist have died in the country.

THE CANADIAN PRESS

### Education becomes Albatross

Wearing a sign around his neck that read "Honk if I need an education," 15-year-old James Mond III stood for nearly four hours on a Tampa, Fla., street corner.

Fed up with his bad grades, his mother sent him there hoping to teach him a lesson about the importance of an education.

The Department of Children and Families is investigating if the act might be a form of maltreatment.

THE ASSOCIATED PRESS

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# Anticipation mounts for RIM PlayBook

► Analysts estimate fourth-quarter revenue of \$5.58 billion ► Tablet seen as 'critical' for company's success

Research In Motion is expected to report strong quarterly results on Thursday, and observers say the PlayBook tablet computer is key to its future.

The Waterloo, Ont.-based company will launch its new device within weeks, analysts believe, well behind the market-leading Apple iPad and other tablets.

Sascha Segan of PCMag Mobile in New York believes RIM will play to its strengths and target business users first with the PlayBook.

"I think RIM understands that the tablet market is very tough right now and it's only going to get

## Take one tablet

► The 19-centimetre touch-screen device fits into jacket pockets, lab coats and "other popular business garb that won't fit an iPad," says Sascha Segan, managing editor of PCMag Mobile in New York.

► The first generation of the PlayBook will rely on Wi-Fi short-range networks to connect to the Internet, initially without contracts with wireless carriers. It will cost about \$500 US and can be tethered to a BlackBerry to access email.

tougher," Segan said.

Bill Kreher, senior tech-

nology analyst of Edward Jones, said he expects RIM to address its strategy for the tablet when it releases fourth-quarter earnings.

"I think the success of the PlayBook is critical for Research In Motion as they prove that they can innovate and keep up with the latest technology," Kreher said from St. Louis, Mo.

He estimates that RIM can sell two million PlayBooks in the next 12 months, with businesses being the sweet spot.

"They have a long, strong track record of dealing with large enterprises. I think that will allow them to see traction with the PlayBook." **THE CANADIAN PRESS**



► David Warfel, director of global marketing at Zippo Manufacturing, shows off some branded clothing at company headquarters in Bradford, Pa.

Brand. Expansion

## Zippo sees the light

From the first distinctive "click" of the lid in 1933, a legend was born. But with pressure on people not to smoke, Zippo Manufacturing Co. is expanding its line from lighters to watches, clothing and cologne. It will sell the products at kiosks and Zippo stores.

## Market moment

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## CRTC makes switching providers easier

A single phone call will soon allow consumers to change their TV, Internet, home telephone and wireless service providers. The CRTC said Friday the new provider will contact the old service provider and make all arrangements necessary for the requested changes instead of the consumer making both calls and the process being dragged out. However, consumers are still on the hook for cancellation fees or other penalties associated with ending their existing contracts, the CRTC said.

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# 2 1/2

Under the new rules, wireless services can be changed within two-and-a-half hours. Other services should take no more than two business days.

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# TIME TO SINK MONEY INTO POTHOLE STUDY

## Urban Compass

**TERENCE HARDING**



Spring has officially started and we are slowly inching our way toward better weather.

Every year on March 19, the swallows mark the beginning of spring by returning to the Mission San Juan Capistrano in California. In Edmonton, we mark the return of spring by the appearance of potholes.

There's no doubt that the freeze-thaw cycle we experience in this city is the major culprit when it comes to holes in our roadways. There's little the city can do about the nature of the weather and the effect it has on our streets. The best it can do is send out road crews to fill them in as fast as they can. This is one

of the rites of spring when you live in a northern city.

But here's a thought. There are lots of northern cities in this world and they must all be looking for solutions to the economic and vehicular problems potholes create. But as near as I can tell, no one has come up with a method of paving roads that significantly reduces the effects cold weather has. We must all be in the same boat.

So here's what I am thinking.

Perhaps we should invest in creating a chair for pothole research at the University of Alberta.

**"We have heard about initiatives designed to 'put Edmonton on the map.' So far, we don't seem to have met that objective. However, if we came up with a solution for potholes, I think the northern part of the world would beat a path to our door."**

Once we had a chair for

pothole research, we could reach out to northern cities across Canada and the world and ask them if they want to get on board. I don't think any one northern city has the financial resources to fund this kind of research on their own, but collectively they do. And I think the majority of taxpayers would think that finding a solution to potholes would be money well spent.

Over and over again, we have heard about initiatives designed to "put Edmonton on the map." So far, we don't seem to have met that objective. However, if we came up with a solution for potholes, I think the northern part of the world would beat a path to our door.

And they could do so without needing yet another wheel alignment afterward.

## Cartoon

MICHAEL DE ADDER



# RCMP to tighten belts

## Worth mentioning

Mounties are waging a battle of the bulge.

Almost one-quarter of RCMP officers — 23.8 per cent — are considered "obese," based on standard height and weight measurements.

The national police force is working to make plump police officers fit, trim and ready for duty with programs that encourage healthy exercise and nutrition habits.

Supt. Rich Boughen, director general of the RCMP's occupational health and safety branch, said physical fitness must be promoted in the same way as smoking cessation

## Battle of the bulge



and mental health.

Physical demands can be high on men and women in red serge, yet obesity in the ranks is now at about the national average.

"We are very representative of the population," Boughen said. "I think what it speaks to is that we hire real people who have real issues."

Mirroring an international trend, the number of Canadians classed as obese soared in recent years to 24.1 per cent, say figures from Statistics Canada.

For front-line officers, obesity can compromise their ability to take down a criminal and put their own safety at risk.

THE CANADIAN PRESS

**What's the most memorable class you have taken?**

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## Metro Minute with water week

Edmonton Water Week 2011 runs from today through to Saturday with multiple events each and every day. Today, learn from an aquatic toxicology expert at the University of Alberta. Dr. Greg Goss will speak tonight at the Art Gallery of Alberta about pharmaceuticals and personal care products in the North Saskatchewan River. His discussion is called

Good Fish Don't Do Drugs.

The event will take place in the Ledcor Theatre and Foyer on the lower level of the art gallery at 7 p.m. To learn more about the week's events, visit [edmontonwaterweek.wordpress.com](http://edmontonwaterweek.wordpress.com). You can also visit the information table at the Students Union Building at the University of Alberta between 10 a.m. and 3 p.m. ● METRO



► Hear Good Fish Don't Do Drugs: Pharmaceuticals And Personal Care Products In The North Saskatchewan River, a discussion led by Dr. Greg Goss, is on tonight.



# 2 scene

## 5 top basketball films

► With the NCAA March Madness in full force, what are some of the best basketball movies of all time? ► Sorry, Hoosiers is a bit too clichéd to make the list



### Hoop Dreams 1994

Steve James' documentary about a pair of inner-city Chicago youngsters who aspire to basketball stardom is at once sprawling and intimate.

James follows the highs and lows of Arthur Agee and

William Gates over about five years, encourages us to root for them by depicting them exactly as they are, and lets us get to know their families, their playgrounds, their neighbourhoods.

It's both inspiring and heartbreaking without trying

too hard to be either, and it's far more enthralling in its realistic twists than any scripted melodrama. Not just one of the best basketball films ever, but one of the best documentaries ever.

### Box Office



There was no stopping Limitless at the box office. The sci-fi thriller opened at No. 1 this weekend with US\$19 million, according to studio estimates yesterday.

Last week's No. 1, the alien invasion movie Battle: Los Angeles, fell to third place with \$14.6 million. Coming in second was the animated Western Rango at \$15.3 million.

THE ASSOCIATED PRESS

### He Got Game 1998

Young Ray Allen does just fine here, showing off that pure shooting ability and holding his own opposite a nicely understated Denzel Washington.

Allen had only been in the

NBA a couple years at this point and had never acted in a film before, but he rises to the challenges of some highly charged scenes as the nation's top high school prospect, who's struggling not just with the decision of what college to play for, but

also with his father's return from prison.

Writer-director Spike Lee, the world's most famous New York Knicks fan, actually lets you see the game played out; he doesn't clutter it up with frantic camerawork and needless cuts.



### Blue Chips 1995

Directed by William Friedkin and written by Ron Shelton, this thing is crammed with both celebrities and athletes without feeling forced. There's Nick Nolte as a volatile, Bobby Knight-type coach at a UCLA-type school,

Ed O'Neill as the reporter who grills him and former Boston Celtics great Bob Cousy as the university's athletic director. Most amusing of all, though, is seeing a young (and much leaner) Shaquille O'Neal as a beast of a prospect from the swamps of Louisiana, alongside his

then-real-life Orlando Magic teammate Anfernee "Penny" Hardaway (with Alfre Woodard as Hardaway's badass mom). Larry Bird and Rick Pitino are among the big names who are surprisingly believable showing up as themselves.

### The Basketball Diaries 1995

Leonardo DiCaprio is electrifying as Jim Carroll, the late New York poet and musician who chronicled his teenage descent into heroin addiction in his memoir of the same name.

Growing up in Manhattan, Carroll played basketball for his elite Catholic high school and dreamed of athletic stardom. Instead, he would follow a dangerous path of sex and drugs, artistic inspiration and self-destruction. (The film moves the time period

from the 1960s to the present.)

This early DiCaprio performance, along with his Oscar-nominated work in What's Eating Gilbert Grape, offer an exciting glimpse at the fearless actor he would become.



### Teen Wolf 1985

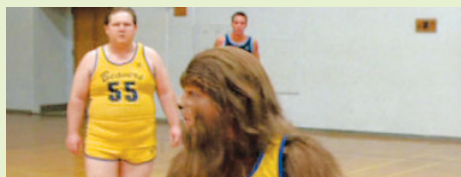
Who doesn't like young, furry Michael J. Fox? At the height of his Family Ties and Back to the Future fame, Fox came out with this comedy about a scrawny player on a struggling high school basketball team who discovers

he's a werewolf.

It's as high-concept as you can get. Turning into a werewolf turns him into a monster both on and off the court — and yes, Teen Wolf turns into a very traditionally '80s-style cautionary tale about the perils of instant popularity. But there's some-

thing nostalgically comforting about that, and Fox, with his endearing sense of self-deprecation and natural comic timing, somehow makes it all work better than it should.

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## Curry Me Brie Sandwich



This unique naan bread sandwich is the creation of Paul Rogalski, executive chef and co-owner of Calgary's Rouge Restaurant. It deftly marries brie cheese, mild curry and mango chutney with ripe pear.

You also can cut the sandwiches into smaller pieces once they cool and serve as appetizers.

### Ingredients:

- 1/2 cup (125 mL) butter, room temperature
- 2 tsp (10 mL) mild curry powder
- 4 slices naan bread
- 4 tbsp (60 mL) mango chutney
- 6 oz (175 g) brie, thinly sliced while chilled (discard end cuts that contain the most rind)
- 1 ripe pear, skinned, seeded and thinly sliced

### Preparation:

- 1 In small bowl, mix butter and curry powder together. Spread half of the butter on one side of two slices of the

naan bread.

- 2 Place one naan, butter side down, in a large non-stick skillet or panini press. Spread with 2 tbsp (30 mL) of the mango chutney and place half of the sliced brie, then half of the sliced pear on naan. Cover with second naan, butter side up. Cook first side over medium heat for about 5 minutes or until golden brown.

- 3 Using a spatula, flip carefully. Continue cooking on the second side for another 5 minutes or until golden brown and cheese has melted.

- 4 Remove from heat and set aside for 2 minutes to cool slightly. Wipe skillet with a paper towel and repeat instructions for the second sandwich. Cut each sandwich in half and serve.

CHEF PAUL ROGALSKI/ THE CANADIAN PRESS/ ALLYOUNEEDISCEESE.CA

# Remix your soup-and-sandwich combo

► A sandwich made with naan bread and curried brie cheese, and colcannon soup accented with kale chips and prosciutto, offer a new twist

## DINNER EXPRESS

EMILY RICHARDS  
FOOD@METRONEWS.CA



While I'm sure there are plenty of fans of colcannon, anything with kale in it is a hard sell.

To counter that, this soup features kale chips. Available at most natural foods stores, they're made by seasoning and roasting fresh kale until crispy. The result is delicious.

### Preparation:

- 1 In saucepan over medium-high heat, melt butter. Add onion and cook until golden. Add potatoes, garlic powder, dill and garlic and cook for 4 minutes. Add chicken broth and bring to boil. Reduce heat, cover, simmer for 20 minutes (until potatoes are tender).

- 2 Meanwhile, heat a skillet over medium. Spritz pan with cooking spray, then place 2 or 3 slices of prosciutto in the pan. Fry, turning after 2 minutes or until browned and crisp on both sides.

Repeat with remaining prosciutto; set aside.

- 3 Using a blender, puree soup until almost smooth with some small chunks. Stir in cream, and return soup to a gentle simmer. Season with salt and pepper.

- 4 Divide soup among serving bowls and top each with some of the kale chips. Crumble 1 slice of prosciutto over each.

THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT [EMILYRICHARDSCOOK.CA](http://EMILYRICHARDSCOOK.CA)

### Ingredients:

- 1 tbsp (15 mL) butter
- 1 large yellow onion, diced
- 2 lb (1 kg) russet potatoes, peeled and cut into small chunks
- 1 tsp (5 mL) garlic powder
- 1/4 tsp (1 mL) dried dill
- 2 cloves garlic, minced
- 4 cups (1 L) chicken broth
- 6 slices prosciutto
- 1/2 cup (125 mL) 35% whipping cream
- Salt and ground black pepper
- 1 cup (250 mL) kale chips



► This recipe produces six servings.

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# 'Greenwashing' – how to spot it

Without the proper certifications, products are just selling you a word not a fact – that's greenwashing

As consumer awareness of recycling and sustainability grows, the market is being inundated with eco-friendly products and processes. But is that green product you're putting in your shopping cart truly green — or are you, the shopper, being "green-washed?"

"Greenwashing is making statements about the environmental attributes of a service or product that are either false or misleading," says Eric Boyd, an environmental lawyer with Seyfarth Shaw, a major American law firm now specializing in green compliance.

"My practice has been to help companies make sure they don't get in trouble under the Federal Trade Commission Green Guides, which prohibit false and misleading advertising."

Boyd guides his clients — including Canadian building-materials firms — through the maze of legal definitions of recyclability, compostability, degradability and other key concepts of environmentally conscious sustainability.

With demand for greener products steadily climbing, this has become a matter of significant importance for shoppers, and therefore for all companies competing for their cash.

"Consumer desire drives everything," Boyd

says. "It drives the Wal-Marts of the world to require their suppliers to have green attributes in their products. And suppliers are not always sure what those words mean — or what they have to do to substantiate them."

This is particularly true in the construction industry — on both sides of the Canada-U.S. border.

How can you spot greenwashing?

"I'll give you a hint," Boyd says. "If the general claim — that this is environmentally preferable, or this has eco-benefits, or there's a green seal or something — you can always check the marketing materials or on their website to see if there's more detail."

● BEN KNIGHT



► When shopping for environmentally conscious products be sure to check the label for industry and government certifications.

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## Queen of Green

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Paper products can be a welcome addition to any compost pile. The goal is to alternate layers of nitrogen-rich greens (yard trimmings and vegetable peels) and carbon-rich browns. You see backyard composting is really a colour-coordination project.

Other types of "browns" include leaves, twigs, straw, corn cobs and stalks, brown paper bags, newsprint and even the inside cylinders of

empty toilet paper rolls. A simple trick is to chop, shred or tear your browns — greens too — to speed up decomposition.

What you shouldn't add are any greasy paper towels or napkins — they might attract unwelcome visitors. And, if you plan to put your compost in your garden, don't add bleached paper towels or napkins. Instead, purchase 100 per cent post-consumer waste-paper products processed chlorine-free. Better yet, switch to reusable cloth

The other day I noticed that a friend of mine puts paper towels and facial tissue into her compost. Are you really allowed to add these?

Melanie of Edmonton



► Compost is best when produced with layers of browns and greens.

napkins and hankies to cut down on the waste leaving your home, even if it is compostable. Learn more about Composting Dos and Don'ts in my fact sheet at [davidssuzuki.org](http://davidssuzuki.org).

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## Turning Point

**TERESA KRUZE**

LIFE@METRONews.ca



LaToya Rodney watched the door of the jail cell swing shut. She was only 21 years old.

A life of anger and violence put her behind bars but it was a turning point for the young girl as her hidden talents began to emerge. "The inmates would hear me singing and rapping. I would sing them to sleep."

The prison guards no-

# FROM INMATE TO INSPIRATION

ticed too and encouraged her to pursue her talents. But when she got out of jail her behaviour and anger got worse when her two brothers were shot.

"I was so into the gang life of retaliation." Finally, a friend convinced her to go to church. "People accepted me. They didn't know the dirt I had done in my life. They accepted me for what I was."

Inspired to make a permanent change in her life, LaToya became a social worker and motivational speaker.

She is back on the tough streets but this time she's making a difference in people's lives. "You have to understand where their brokenness

and pain is coming from. It can be overwhelming at times but I'm going to make it."

## LaToya Speaks

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► LaToya Rodney is a motivational speaker, social worker, singer, rap artist, dancer and actress.

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2. Add a table or two-column section that closely connects the employer's requirements to your qual-

ifications and professional achievements. This strategy will quickly provide the employer with concrete evidence that you're a good fit for the job and worth learning more about.

3. Begin with a thought-provoking quote relevant to the position, the employer's goals or your target industry. Many people love to read, share and ponder quotes. Including one in your cover letter can be a quick and effec-

tive way to engage the reader.

4. Add a "P.S." to the end of your cover letter. Often, it's the first thing a person will read.

5. Feature a strong headline near the beginning of the cover letter. To keep it brief, yet powerful, address one of the employer's key concerns, spotlight your expertise or promote an attribute that will be particularly appealing. ● METRO



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# Y are we all so pessimistic?

## ► Two 'thought leaders' are out to change the way we view the world

When David Suzuki sluices out the slimy, sticky consequences of Big Oil and the Alberta tarsands in a recent documentary, he rubs a raw nerve in Tara Mahoney.

She absorbs the renowned scientist's harsh facts, certain he is right. But the 27-year-old takes umbrage at his death knell that the world is worse off now than ever before.

"It's also gotten a lot better," she says. "There's a lot of positive things you can focus on and progress has been made. I think it's important to remind people of that."

They've come of age imperilled by climate change, planes diving into buildings and superpowers sniping civilians, but Mahoney and 25-year-old Fiona Rayher aren't hiding under the bed.

The tenacious Vancouver collaborators have recently

launched the Generation Why Media Project, aiming to galvanize peers rather than let them give up. They're using media, public art, workshops and events to spread their concept, and have already been tapped as "thought leaders" by the idea-sharing forum TED.

"We feel something is happening to our world, it doesn't make any sense, we need to go in a new direction," Rayher says, describing their approach as "informed optimism."

"If we understand that to be true," adds Mahoney, "then we need to decide as a generation while we're still young and we have the energy and exuberance to want to change and create things."

"We need to be focusing on the solutions right now."

The brainchild was born after the duo made a short



► Generation Why collaborators  
Tara Mahoney, left, and Fiona Rayher

film featuring three people who exemplified the values they believe epitomize generation Y's potential, and everyone who viewed it clamoured for more. So they built a website with a blog, shot more shorts, gave a keynote speech at TEDxVancouver and started

throwing theme parties.

Underlying the multifaceted project, which costs them loads of time but not too much cash, is the theory that every four-part cycle of births throughout American history includes a "hero generation." In the concept, developed by social histori-

ans William Strauss and Neil Howe, that group turns upside down the social structures set up by the previous dominant generation, because they're no longer working.

Instead of laying blame on their parents, however, Mahoney and Rayher conceived an event (held last Saturday) where they paired gen-Y and baby boomer speakers to publicly dialogue about the environment, justice, community, technology, and the future.

"The potential of (generation Y) doing things to change the world and to solve some of these problems is much greater than it was for us," says Kathleen Mahoney, an internationally recognized human rights lawyer and law professor, who is also Tara's 64-year-old mother.

Before her moment on stage, she noted the generation has also benefited enormously from social progress and economic prosperity driven by

boomer action.

"I think your generation, if I may say it this way, is just beginning to realize what power they have."

Caleb Behn, a 29-year-old law student and aboriginal activist from northeastern B.C., was Mahoney's counterpoint during the discussion.

He describes his generation as frenetic and out of balance.

"Despite the tattoos, despite the piercings and the body modification and progressive politics and the willingness to engage, and frankly, stand up ... We're a generation that inherited a hell of a world and often times as a generation we don't know what to do with it," he says in an interview.

"We're so active and we're so engaged and some of us burn out young and get cynical and get into the corporate world and believe in certain materialistic things. Some of us stay activists and just stand in opposition."

THE CANADIAN PRESS

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# Heil's last run ends with silver

► Canada's four-medal day all about final event for 'living legend'

Canadian freestyle skier Jenn Heil captured every title imaginable over her stellar career.

She won Olympic gold at the Turin Games in 2006, picked up a pair of world championship titles and earned a staggering 58 World Cup medals along the way.

When she looks back at the past decade, a silver-medal performance stands out as her top memory. She said she'll never forget the roar from the home crowd at the Vancouver Olympics last year.

"When my name was announced and the mountain vibrated from the support of the Canadians," Heil said. "That was truly the greatest moment."

Heil, from Spruce Grove, Alta., capped her career yesterday with a silver medal in the dual moguls at the final World Cup of the season.

She lost control in the middle section of her final run and had to pull out before her second jump, giving American Hannah Kearney the gold.

"I'm so at peace. I know I'll miss the competition and the privilege of representing Canada around the world, but I'm ready to take my passion for challenging my limits and my potential off the slopes," Heil said.

Heil announced in January that she would retire at the end of this season.



**"I have nothing left to do on the hill and that's a beautiful ending for me."**

JENN HEIL

"She's a living legend for our sport," men's bronze medallist Alex Bilodeau said. "A Hall of Famer."

Heil said two of her proudest moments were being at the top of the Olympic courses in 2006 and 2010.

"It's funny that my greatest moments are at the start lines, not the finish lines," she said. "It's never been about how many medals I can win. Of course we define success by medals, but for me it's always been about testing my limits."

Canada clinched the Freestyle Nations Cup for the fifth straight season and Montreal's Justine Dufour-Lapointe was named FIS rookie of the year.

Heil said she's happy to pass the torch to Dufour-Lapointe.

"She has the competitive spirit, passion and ability to soar in her career," Heil said. "And if she needs any advice or mentoring, I'll be there for her."

THE CANADIAN PRESS



► Jenn Heil jumped to second place in dual moguls at the FIS Freestyle Ski World Cup final in Voss, Norway, yesterday.

## Coach K in rarefied air after staving off upset

A dramatic ending put Duke on its way to a familiar nook of the NCAA bracket and sent Coach K into even more exclusive company.

Nolan Smith scored 24 points and top-seeded Duke held off a late rally to beat Michigan 73-71 yesterday and give Mike Krzyzewski his 900th career victory.

Kyle Singler added 13 points for the Blue Devils

**900** Krzyzewski improved to 900-283 in his 36th season. He can tie mentor and coach Bob Knight for first on the career list with his next win.

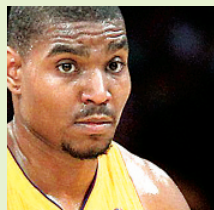
(32-4), who shot 51 per cent, never trailed in the second half and advanced to the round of 16 for the 12th time in 14 years.

Darius Morris scored 16 points to lead the eighth-

seeded Wolverines (21-14), who trailed by 15 with 10:51 to play but clawed within one point twice in the final 90 seconds. They had one last chance after Smith missed a free throw with 8.7 seconds left.

Morris's runner in the lane with two seconds left bounced off the back iron, sealing Duke's trip to Anaheim, Calif., for the West regional semifinals Thursday. THE ASSOCIATED PRESS

### Sports in brief



#### Bynum gone for two games

NBA. Los Angeles Lakers centre Andrew Bynum has been suspended two

games for Friday's flagrant foul on Minnesota's Michael Beasley.

THE ASSOCIATED PRESS

#### Djokovic yet to lose in 2011

TENNIS. Novak Djokovic beat top-ranked Rafael Nadal 4-6, 6-3, 6-2 to win the BNP Paribas Open title on Sunday, keeping the Serbian undefeated this year.

Djokovic improved to 18-0. He will move into the No. 2 spot when the ATP Tour rankings are released today.

THE ASSOCIATED PRESS

# 4

sports

### Quoted



**"I was just standing there, and I hoped he wasn't going to crush my face. I think it was a good charge. I think it was the right call."**

PHOENIX CENTRE MARCIN GORTAT, WHO DREW A CHARGE ON HIGH-FLYING CLIPPERS ROOKIE BLAKE GRIFFIN IN THE FOURTH QUARTER OF THE SUNS' 108-99 WIN YESTERDAY. IT WAS GRIFFIN'S SIXTH FOUL.



Scan code for more sports.

## NATIONAL HOCKEY LEAGUE

## EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Washington	71	44	19	4	4	228	190	96	21-10-2-2	23-9-2-2	4-4-1-1	W1
d-Washington	73	42	21	5	5	198	176	94	22-8-2-5	20-13-3-0	9-1-0-0	W1
d-Boston	71	39	22	5	5	213	175	88	16-12-3-2	23-10-2-3	4-4-2-0	L2
Pittsburgh	72	41	23	5	3	208	177	90	22-13-2-0	19-10-3-3	5-3-2-0	L1
Tampa Bay	72	39	22	5	6	214	217	89	22-9-1-4	17-13-4-2	2-4-2-2	L2
Montreal	73	40	26	4	3	200	185	87	22-9-3-3	18-17-1-0	7-3-0-0	W4
NY Rangers	73	39	30	2	2	215	179	82	17-17-1-2	22-13-1-0	6-4-0-0	W4
Buffalo	72	35	28	8	1	214	208	79	16-16-3-1	19-12-5-0	5-3-2-0	W1
Carolina	72	33	29	5	5	201	214	76	19-12-2-2	14-17-3-3	4-5-1-0	W1
Toronto	73	32	31	5	5	192	225	74	17-14-3-4	15-17-2-1	5-4-1-0	W1
New Jersey	72	34	34	3	1	154	182	72	12-15-2-1	17-19-0-1	7-5-0-0	W1
Atlanta	72	30	35	7	202	237	72	72	15-14-2-5	15-16-3-2	5-4-1-0	L1
Florida	72	29	33	5	5	182	198	68	15-15-4-5	14-18-0-1	3-4-2-1	L1
NY Islanders	73	28	33	7	5	203	232	68	16-15-1-4	12-18-6-1	5-1-3-1	W1
Ottawa	72	27	36	5	4	164	223	63	13-19-2-3	14-17-3-1	6-4-0-0	W2

## WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
y-Vancouver	72	47	17	4	5	238	172	103	25-8-1-4	22-9-3-1	8-2-0-0	L1
Detroit	72	43	21	5	3	233	204	94	19-11-3-2	24-10-2-1	5-3-1-1	L1
San Jose	73	42	23	4	4	211	191	92	20-11-2-3	22-12-2-1	5-3-0-2	W3
Phoenix	74	39	24	7	4	213	207	89	17-12-4-2	22-12-3-2	6-3-1-0	L1
Los Angeles	72	40	26	4	2	197	176	86	20-12-3-0	20-14-1-2	5-3-2-0	L2
Chicago	72	39	25	3	5	224	203	86	22-14-0-0	17-11-4-4	6-2-1-1	W1
Nashville	73	38	25	6	4	190	172	86	19-8-4-3	19-10-1-1	6-2-1-1	W3
Anaheim	72	40	27	3	2	204	208	85	23-12-1-1	17-15-2-1	8-2-0-0	W3
Dallas	72	38	25	3	6	203	202	85	20-11-2-5	18-14-1-1	5-2-2-1	L1
Calgary	74	37	27	4	6	226	214	84	17-12-1-3	15-15-3-3	5-4-1-0	L1
Minnesota	73	35	30	3	5	185	204	76	17-14-2-3	18-16-1-2	2-6-2-0	L6
Columbus	72	33	29	4	6	195	218	76	16-16-1-3	17-13-3-3	2-5-1-2	L1
St. Louis	72	32	31	4	5	201	214	73	20-12-1-3	12-19-3-2	4-4-0-0	L2
Colorado	71	27	36	7	1	198	250	62	14-17-4-0	13-19-3-1	1-8-0-1	W1
Edmonton	72	23	39	2	8	175	237	56	12-20-1-4	11-19-2-3	3-5-1-1	L6

x — clinched playoff berth; y — clinched division title; — division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W/L column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

## Yesterday's results

Montreal 8 Minnesota 4  
Anaheim 5 Calgary 4 (OT)  
Chicago 2 Phoenix 1  
Nashville 4 Buffalo 3 (OT)  
New Jersey 3 Columbus 0  
N.Y. Rangers 5 Pittsburgh 2  
**Saturday's results**  
Ottawa 3 Tampa Bay 2 (OT)  
Toronto 5 Boston 2  
Colorado 3 Edmonton 2 (SO)  
Anaheim 2 Los Angeles 1 (OT)  
Buffalo 8 Atlanta 2  
Columbus 3 Minnesota 4 (OT)  
Nashville 5 Detroit 1  
N.Y. Islanders 4 Florida 3 (SO)  
Philadelphia 3 Dallas 2 (SO)

## DUCKS 5, FLAMES 4 (OT)

## First Period

1. Anaheim, Getzlaf 18 (Perry) 1:18  
2. Anaheim, Perry 38 (Sanne, Getzlaf) 3:36 (pp)  
3. Anaheim, Boeschman 4 (Koivu, Sanne) 5:49  
4. Calgary, Kostopoulos 7 (Stajan, Jackman) 18:52  
**Penalties** — Rogeh Cal (hooking) 2:44, McMillan Ana (hooking) 13:43, Perry Ana (boarding) 16:23.  
**Second Period**  
5. Calgary, Bourque 25 (Glencross, Kostopoulos) 8:04  
6. Calgary, Kostopoulos 8 (Staios, Glencross) 16:44  
**Penalty** — Blake Ana (high-sticking) 12:08.  
**Third Period**  
7. Calgary, Igina 33 (Tanguay, Giordano) 7:10 (pp)  
8. Anaheim, Selanne 22 (Getzlaf, Visnovsky) 17:59 (pp)  
**Penalties** — Fowler Ana (cross-checking) 5:45, Stajan Cal (hooking) 12:12, Bourque Cal (interference) 16:58.

## Overtime

9. Anaheim, Perry 39 (Lydman, Getzlaf) 2:38  
**Missed penalty shot** — Ryan Ana, 2:34.  
**Penalties** — None.  
**Shots**  
Calgary 12 13 14 2-41  
Anaheim 9 9 11 4-33  
**Goal (shots-saves)** — Calgary: Kiprusoff (5-2), Karlsson (L, 4-5-5/5-49 first) (28-26); Anaheim: Ellis (W, 19-9-7). **Power plays (goals-chances)** — Calgary: 1-4; Anaheim: 2-3.  
**Referees** — Kelly Sutherland, Dean Norton.  
**Linesmen** — Shane Heyer, Jean Morin.  
**Attendance** — 15,177 (17,174).

## SATURDAY

## MAPLE LEAFS 5, BRUINS 2

**First Period**  
1. Toronto, Schenn 4 (Crabb) 9:44  
2. Boston, McQuaid 2, 11:46  
3. Toronto, Kadri 1 (Crabb, Gunnarsson) 12:26  
**Penalty** — Ryder Bos (delay of game) 6:41.  
**Second Period**  
4. Toronto, Crabb 3 (Boyce, Kadri) 7:49  
5. Toronto, Brown 3 (Brent) 8:18  
6. Toronto, Aulie 2 (Bozak, Kessel) 17:23  
**Penalty** — Brent Tor (delay of game) 3:19.  
**Third Period**  
7. Boston, Paille 3 (Thornton, Campbell) 19:40  
**Penalties** — Brown Tor (goaltender interference) 5:42, Horton Bos, Paneuf Tor (fighting) 11:45, Recchi Bos (hooking) 13:55.

## Shots

Boston 11 15 11 37  
Toronto 9 12 8 28  
**Goal (shots-saves)** — Boston: Thomas (L, 29-10-8)(14-10), Rask (8:18 second, 7-6), Thomas (0:00 third, 8-8); Toronto: Reimer (W, 15-7-4).  
**Power plays (goals-chances)** — Boston: 0-2  
Toronto: 0-2.

## Referees — Frederick L'Ecuier, Bill McCreary.

## Linesmen — Tim Nowak, Jonny Murray.

## Attendance — 19,512 (18,819).

## AVALANCHE 3, OILERS 2 (SO)

**First Period**  
1. Colorado, Duchene 23 (Winnik) 9:47  
**Penalties** — Johnson Col, Jones Edm (fighting) 0:11, Vandermeer Edm (slashing) 2:16, Yip Col (tripping) 11:40, Eberle Edm (high-sticking) 12:37, Wilson Col (roughing) 17:02.  
**Second Period**  
2. Edmonton, Eberle 16 (Cogliano, Foster) 13:05 (pp)  
3. Colorado, Porter 13 (Wilson, Duchene) 17:00  
**Penalties** — McLeod Col (double high-sticking) 12:35.

## Third Period

4. Edmonton, Foster 6 (Omark, Paajarvi) 16:10  
**Penalties** — None.  
**Overtime**  
No Scoring.  
**Penalty** — Holos Col (hooking) 3:37.  
**Shootout**  
**Colorado wins 1-0**  
**Colorado** (1) — Duchene, miss; Porter, miss; Jones, miss; Stoa, goal. **Edmonton** (0) — Eberle, miss; Omark, miss; Giroux, miss; Paajarvi, miss.  
**Shots**  
Colorado 10 11 5 1-27  
Edmonton 6 7 16 4-33  
**Goal** — Colorado: Elliott (W, 14-24-9); Edmonton: Khabibulin (L, 10-28-3). **Power plays (goals-chances)** — Colorado: 0-2; Edmonton: 1-3.  
**Referees** — Greg Kimerly, Tom Kowal.  
**Linesmen** — Ryan Galloway, Vaughan Rody.  
**Attendance** — 16,839 (16,839).

## CRICKET

## WORLD CUP

## GROUP A

	MP	W	T	L	NR	Pt
x-Pakistan	6	5	0	1	0	10
x-Sri Lanka	6	4	0	1	1	9
x-Australia	6	4	0	1	1	9
x-New Zealand	6	4	0	2	0	8
Zimbabwe	6	2	0	4	0	4
Canada	6	1	0	5	0	2
Kenya	6	0	0	6	0	0

## GROUP B

	MP	W	T	L	NR	Pt
x-South Africa	6	5	0	1	0	10
x-India	6	4	1	1	0	9
x-England	6	3	1	2	0	7
x-West Indies	6	3	0	3	0	6
Bangladesh	6	3	0	3	0	6
Ireland	6	2	0	4	0	4
Netherlands	6	0	0	6	0	0

x — clinched berth in quarter-finals.

## Yesterday's results

At Calcutta, India  
Zimbabwe (308-6) def. Kenya (147) by 161 runs.  
At Chennai, India  
India (268) def. West Indies (188) by 80 runs.  
**Saturday's results**  
At Dhaka, Bangladesh  
South Africa (284-8) def. Bangladesh (78) by 206 runs.  
At Colombo, Sri Lanka  
Pakistan (178-6) def. Australia (176) by four wickets.  
**End of Group Stage**

## MLB

## SPRING TRAINING

**Yesterday's results**  
Toronto 3 Minnesota 0  
Arizona (ss) 4 Oakland (ss) 2  
Atlanta 5 Houston (ss) 3  
Baltimore 9 Tampa Bay 8  
Chicago Cubs 3 San Francisco (ss) 2 (10 ins)  
Cincinnati 9 Milwaukee 8  
Colorado 5 Arizona (ss) 3  
Cleveland 6 L.A. Angels 6 (10 ins)  
Detroit 6 Washington 1  
Florida 5 N.Y. Mets 0  
L.A. Dodgers 9 Chicago White Sox 7  
N.Y. Yankees 5 Philadelphia 1  
Oakland (ss) 6 San Francisco (ss) 4  
Pittsburgh 3 Houston (ss) 1  
Seattle 4 San Diego 1  
St. Louis 10 Boston 3  
Texas 5 Kansas City 2

## Saturday's results

N.Y. Yankees 5 Toronto 5 (10 ins)  
Philadelphia 7 Baltimore 6  
Atlanta (ss) 3 N.Y. Mets (ss) 3 (10 ins)  
Houston 3 St. Louis (ss) 2  
Pittsburgh 7 Boston 5  
Florida 5 St. Louis (ss) 4  
Minnesota 9 Tampa Bay 2  
Detroit 2 Atlanta (ss) 1  
N.Y. Mets (ss) 7 Washington 4  
Cleveland 10 L.A. Angels 7  
San Diego 14 Chicago Cubs 6  
Cincinnati 13 Colorado 3  
Arizona 13 Cincinnati (ss) 10

## SOCCER

## MLS

**Yesterday's results**  
New England 1 Los Angeles 1  
San Francisco 3 Kansas City 1  
Oakland 8 Chicago White Sox 3  
Seattle 9 Texas 8 (10 ins)  
L.A. Dodgers 6 Milwaukee 6 (10 ins)  
Cleveland 10 L.A. Angels 7  
San Diego 14 Chicago Cubs 6  
Cincinnati 13 Colorado 3  
Arizona 13 Cincinnati (ss) 10

## ENGLAND

## PREMIER LEAGUE

**Yesterday's results**  
Sunderland 0, Liverpool 2  
Chelsea 2 Manchester City 0  
**Saturday's results**  
Aston Villa 0 Wolverhampton Wanderers 1  
Blackburn 2 Blackpool 2  
Everton 2 Fulham 1  
Manchester United 1 Bolton 0  
Stoke 4 Newcastle 0  
Tottenham 0 West Ham 0  
West Bromwich Albion 2 Arsenal 2  
Wigan 2 Birmingham 1

## TENNIS

## ATP-WTA BNP PARIBAS OPEN

At Indian Wells, Calif.  
**Yesterday's results**  
**Men**  
**Singles — Championship**  
Novak Djokovic (3), Serbia, def. Rafael Nadal (1), Spain, 4-6, 6-3, 6-2.  
**Women**  
**Singles — Championship**  
Caroline Wozniacki (1), Denmark, def. Marion Bartoli (15), France, 6-1, 2-6, 6-3.  
**Saturday's results**  
**Men**  
**Doubles — Championship**  
Alexander Dolgoplov, Ukraine, and Xavier Malisse, Belgium, def. Roger Federer and Stanislas Wawrinka, Switzerland, 4-6, 6-7 (5), 10-7.  
**Women**  
**Doubles — Championship**  
Sania Mirza, India, and Elena Vesnina, Russia, def. Bethanie Mattek-Sands and Meghann Shaughnessy (8), U.S., 6-0, 7-5.

## NBA

## EASTERN CONFERENCE

	W	L	Pct	GB
y-Boston	49	19	.721	—
y-Chicago	49	19	.721	—
x-Miami	48	22	.686	2
x-Orlando	44	26	.629	6
Atlanta	40	30	.571	10
Philadelphia	36	34	.514	14
New York	35	34	.507	14 1/2
Indiana	30	40	.429	20
Milwaukee	28	41	.406	21 1/2
Charlotte	28	41	.406	21 1/2
Detroit	25	45	.357	25
New Jersey	22	46	.324	27
Toronto	20	49	.290	29 1/2
Washington	17	51	.250	32
Cleveland	13	55	.191	36

## WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	56	13	.812	—
y-L.A. Lakers	50	20	.714	6 1/2
x-Dallas	49	21	.700	7 1/2
d-Oklahoma City	45	24	.652	11
Denver	41	29	.586	15 1/2
Portland	40	30	.571	16 1/2
New Orleans	40	31	.563	17
Memphis	38	32	.543	18 1/2
Houston	37	34	.521	20
Phoenix	35	33	.515	20 1/2
Utah	36	34	.514	20 1/2
Golden State	30	40	.429	26 1/2
L.A. Clippers	27	44	.380	30
Sacramento	17	51	.250	38 1/2
Minnesota	17	54	.239	40

d — division leader; x — clinched playoff berth; y — clinched division.

**Yesterday's results**  
Washington 98 New Jersey 92  
Atlanta 104 Detroit 96  
Milwaukee 100 New York 95  
Phoenix 108 L.A. Clippers 99  
Sacramento 127 Minnesota 95  
Houston 110 Utah 108  
Toronto 95 Oklahoma City 93  
Dallas 101 Golden State 73  
L.A. Lakers 84 Portland 80

## Saturday's results

Boston 89 New Orleans 85  
L.A. Clippers 100 Cleveland 92  
Memphis 99 Indiana 78  
Miami 103 Denver 98  
Portland 110 Philadelphia 101  
San Antonio 109 Charlotte 98  
**Tonight's games**  
**All times Eastern**  
Orlando at Cleveland, 7 p.m.  
Indiana at New Jersey, 7 p.m.  
Boston at New York, 7:30 p.m.  
Sacramento at Chicago, 8 p.m.  
Utah at Memphis, 8 p.m.  
Golden State at San Antonio, 8:30 p.m.  
Toronto at Denver, 9 p.m.  
**Tomorrow's games**  
Chicago at Atlanta, 8 p.m.  
Washington at Portland, 10 p.m.  
Phoenix at L.A. Lakers, 10:30 p.m.

## CURLING

## WORLD WOMEN'S CURLING CHAMPIONSHIP

At Esbjerg, Denmark	W	L
Country (skip)		
China (B.Wang)	2	1
Czech Rep. (Kubekova)	2	1
Germany (A.Schoppe)	2	1
Norway (Githmark)	2	1
South Korea (Kim)	2	1
Sweden (Norberg)	2	1
Switzerland (Ott)	2	1
Canada (Holland)	1	2
Denmark (Nielsen)	1	2
Scotland (Sloan)	1	2
U.S. (Lank)	1	2
South Korea (Kim)	0	3

## Yesterday's results

**Fourth Draw**  
Russia 9 Canada 4  
China 10 South Korea 3  
Scotland 7 U.S. 6  
Switzerland 9 Czech Republic 3  
**Fifth Draw**  
Denmark 8 Canada 5  
China 8 Germany 2  
Czech Republic 7 Norway 5 (extra end)  
Sweden 5 Scotland 3

## BASKETBALL

## NCAA TOURNAMENT

**All times Eastern**  
**THIRD ROUND**  
**EAST REGIONAL**  
**Yesterday's results**  
At Charlotte, N.C.  
North Carolina 86 Washington 83  
**At Cleveland**  
Ohio State 98 George Mason 66  
Marquette 66 Syracuse 62  
**Saturday's results**  
At Tampa, Fla.  
Kentucky 71 West Virginia 63  
**SOUTHEAST REGIONAL**  
**Saturday's results**  
At Washington  
Butler 71 Pittsburgh 70  
**At Tampa, Fla.**  
Florida 73 UCLA 65  
**At Denver**  
BYU 69 Gonzaga 67  
Wisconsin 70 Kansas State 65  
**SOUTHWEST REGIONAL**  
**Yesterday's results**  
At Chicago  
Virginia Commonwealth 94 Purdue 76  
Florida State 71 Notre Dame 57  
**At Tulsa, Okla.**  
Kansas 73 Illinois 59  
**Saturday's result**  
At Denver  
Richmond 65 Morehead State 48  
**WEST REGIONAL**  
**Yesterday's results**  
At Charlotte, N.C.  
Duke 73 Michigan 71  
**At Tulsa, Okla.**  
Texas (28-7) vs. Arizona (28-7)  
**Saturday's results**  
At Washington  
Connecticut 69 Cincinnati 58  
**At Tucson, Ariz.**  
San Diego State 71 Temple 64 (2OT)

## GOLF



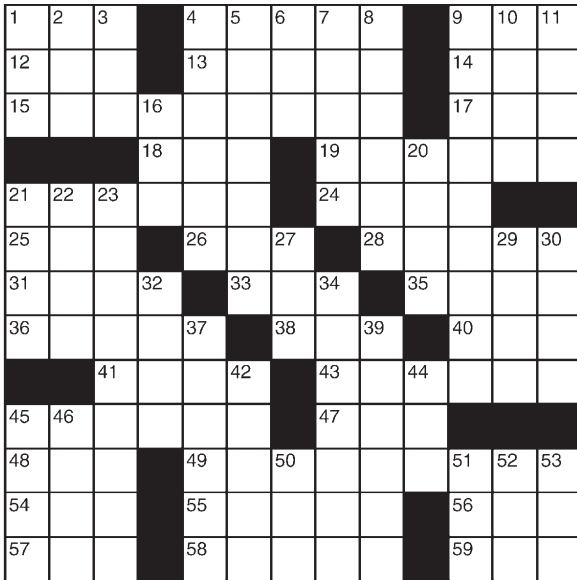
## Crossword

### Across

- 1 Compete  
4 Hooded snake  
9 Take to court  
12 Be unwell  
13 After (Fr.)  
14 Moreover  
15 "Threescore and ten" durations  
17 Multipurpose truck  
18 Needlefish  
19 Church official  
21 Throw and catch repeatedly  
24 Eyelid woe  
25 Greek H  
26 Away from NNE  
28 Calyx component  
31 Scottish caps  
33 Prepared  
35 Judicious  
36 Ledge  
38 Selleck or Hanks  
40 Sister  
41 Chums  
43 Threw  
45 Footballer's head-gear  
47 Consumed  
48 Fertility clinic supply  
49 Refuse holders  
54 Writing implement  
55 Level of society  
56 Female deer  
57 Type measures  
58 High-strung  
59 Praise in verse

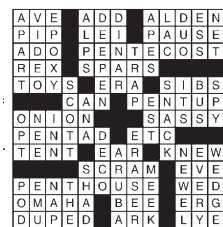
### Down

- 1 Actor Kilmer  
2 Three, in old Rome  
3 Subordinate Claus?  
4 Cellist Pablo

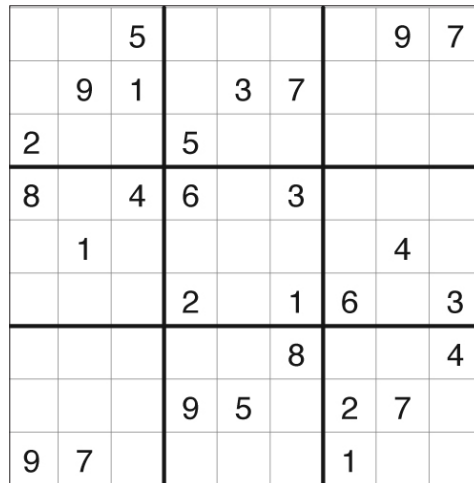


- 5 Weigh heavily upon  
6 Lingerie item  
7 Tears  
8 Wealth  
9 Some cookware  
10 "Do — others ..."  
11 Paradise  
16 Early bird?  
20 Favourable votes  
21 "West Side Story" gang  
22 Hexagonal state  
23 Strategies  
27 Moist  
29 Chills and fever  
30 Give for a time  
32 Bang the door  
34 As you like it, in a recipe  
37 Chevy Chase sleuth role  
39 Mid-May honouree  
42 Wander off  
44 Moment  
45 Crosby crony  
46 Still  
50 Venomous viper  
51 Commotion  
52 "Wynken, Blynken and —"  
53 Witness

### Yesterday's answer



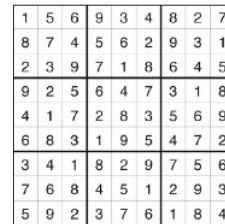
## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer



## A look at the weather

TODAY	TUESDAY	WEDNESDAY
Min -4° Max -1°	Min -5° Max -2°	Min -10° Max -4°

### Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



## Today's horoscope

**♈ Aries** March 21-April 20 You feel like you can take on the world and win, and there's no doubt you are right. You'll have the confidence to try things that most other people don't even dare dream about.

**♉ Taurus** April 21-May 21 You are paying too much attention to what other people are saying and not enough to what your own heart is telling you. You don't need advice or assistance today.

**♊ Gemini** May 22-June 21 Something you have been worrying about for quite some time will no longer bother you as from today. Why? Because at last you know what really matters — and it has nothing to do with money.

**♋ Cancer** June 22-July 22 Today you have the courage and the energy you need to make your mark on the world. Put yourself forward and let those in positions of authority know you are special.

**♌ Leo** July 23-Aug. 23 There may be an upset or two today but if you adopt a positive attitude they will pass over your head. What you need most right now is a sense of humour.

**♍ Virgo** Aug. 24-Sept. 22 There is no point arguing with people who refuse to see sense. It may be tempting to show them up with your superior knowledge but why bother? Put your time and your energy to good use today — and let others do as they please.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 You may have oodles of energy and a whole load of plans but be warned you'll be chasing events today rather than leading them. The most important thing is that you stay calm.

**♏ Scorpio** Oct. 24-Nov. 22 You may find it hard to be patient today but you won't get anywhere if you lose your temper. Also, if your get annoyed you could do yourself physical or emotional harm.

**♐ Sagittarius** Nov. 23-Dec. 21 You can expect some kind of breakthrough today and it may well be the sort that you remember well into your old age. Don't just dream of doing something — make the effort and get started.

**♑ Capricorn** Dec. 22-Jan. 20 You must get the support of loved ones before embarking on a brand new adventure. The best way to do that is to convince them that what you desire for yourself will also be good for them.

**♒ Aquarius** Jan. 21-Feb. 18 Today you will start the week at a gallop, and then go even faster. You won't waste a second on activities that don't take you closer to your goal.

**♓ Pisces** Feb. 19-March 20 You may be cautious by nature but you can move fast when you have to and the current cosmic set-up will help you make decisions and then follow them up with action. There's money to be made. **SALLY BROMPTON**

## Caption contest



"Ahhh ... I could get used to global warming."  
RYAN KNIEPKAMP

## WIN! You write it!

Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.



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